

Community News

Welcome to May at Laurel Grove. With local favorites like the Salinas Valley Fair in King City from May 14-17 and What's Grubbin Taco Fest on May 30-31 at the Salinas Sports Complex, it's the perfect time to get out and enjoy the community.

May Resident Event



Sweet Treats for Mom - May 8th

Pre-Mother's Day Celebration at Laurel Grove Join us **May 8th from 3:00 to 5:00 PM** in the office for a sweet afternoon celebrating moms with treats and desserts—we can't wait to celebrate with you

[Moms](#)

Thanks For Joining Us Last Month

Grab and Go Breakfast



Our grab-and-go breakfast at Laurel Grove was the perfect way to start the day. Residents stopped by for coffee, bagels, and a quick bite while connecting with neighbors—thank you to everyone who joined us!

What Residents are Saying

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"Definitely recommend Laurel Grove, our time here was great! Military friendly. Maintenance was always completed on a timely matter and the office ladies were always helpful whenever we needed help. 1 car garage and washer/dryer were a lifesaver!"

[What do You Love?](#)

**This is just a sample of our reviews.*

Local Feature

30-Minutes To Carmel Beach

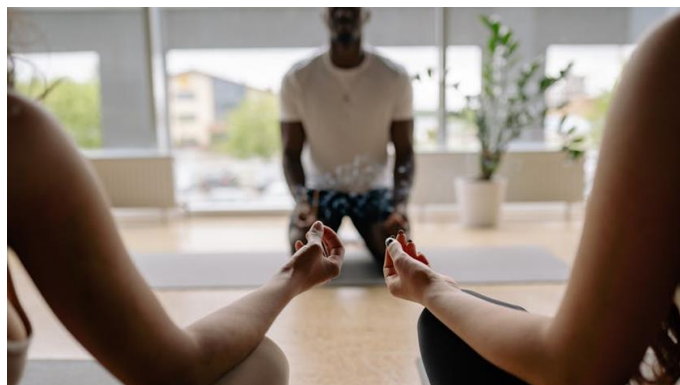


One of the best parts of living at Laurel Grove is how close you are to it all—coastal views, fresh air, and some of the Central Coast's favorite spots. Spend the day exploring Carmel-by-the-Sea and stop by local favorites like Carmel Bakery, Stationæry, La Bicyclette, and Rise + Roam Bakery for something delicious along the way.

[Day Trip!](#)

Live Well

Mental Health Awareness Month



May is Mental Health Awareness Month—a reminder to protect your peace in a constantly connected world. At Laurel Grove, it's easy to unplug, whether that's enjoying quiet time at home or getting outside and connecting with nature. Try setting your phone to airplane mode after hours, taking screen-free walks, or starting your mornings with a few mindful moments—small shifts can help you feel more grounded and centered.

Looking to pause and reset? Yoga Salinas invites you to roll out your mat and step into community with 10 days of unlimited yoga for \$40—a simple way to reconnect with yourself and those around you.

[Start Your 10 Days](#)

Good Friends Make Great Neighbors

Do you know someone looking for a new home? Forward this newsletter and tell them about Laurel Grove! **Refer friends and family and get a \$300 discount on next month's rent.**

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